

## NSS Report 2022-23

### Some Major activities conducted by NSS unit of PTVA Sathaye College (Autonomous)

The National Service Scheme (NSS) unit present at this college comes under University of Mumbai. NSS volunteers strength of this unit is 250. It is a two years programme in Six semesters. The overall objective of NSS is “Personality development of the students through community service.”

### Eye Check up Camp

On 8th May, 2022, NSS Unit of Sathaye College in collaboration with Lokanayak Jayprakash Narayan Leprosy Care Centre organized a 'One Day Eye Check-Up Camp' at its adopted school in Bharol. A total of 10 volunteers, 4 ex-volunteers were accompanied by NSS Regional Coordinator Vinod Gaware Sir and NSS Program Officer Bombe Sir. The Eye Check-Up started at 11am, a team of 5 experienced doctors from Vishwakalyan Aarogya Kendra were checking the villagers and giving them appropriate suggestions for eye care. The volunteers accompanied by a few ex-volunteers created awareness in the village about the Eye Check-Up Camp.



### 3 Days Residencial Camp - 12<sup>th</sup> – 16<sup>th</sup> May 2022

Nss unit of Sathaye college had organised a “Three Days residential camp” at the adopted hospital Jai Prakashnarayan Leprosy Hospital, Vasai. A total of 100 volunteers participated. Various social activities were carried out firstly tree plantation was done on the first day. The road in the surrounding pf the village was not in good condition so for the next two days the road was constructed by the volunteers.

### **International Yoga Day - 21/06/2022**

On the Ocassion of International Yoga Day, NSS and NCC Units of Sathaye College in collaboration organized A Session on Yoga. Chief Guest Shri Balkrishna Madhav Jhagade gave demonstration of few yogasanas and their importance.



### **Youth Leadership Development**

On, 6<sup>th</sup> of August, a Youth Leadership Development Activity was organized by NSS Unit of Sathaye College in collaboration with Swami Vivekanada Kendra. A few important people from the Kendra were present. They gave us information about Swami Vivekanada, his views and the India of his dreams. A song was sung by Sujata Ma'am for effectively spreading the message.

### **PIN THE TIRANGA - 13<sup>th</sup>-15<sup>th</sup> Aug 2022**

An activity was assigned to the NSS Unit of Sathaye College in the Ocassion of ‘Azadi ka Amrit Mahotsav’. The name of this activity was ‘ Pin the Tiranga ‘. For this activity, we were provided with a link and we had to Pin the Tiranga, which is the National Flag of our Nation at our respective locations. This activity was conducted online

### **Beach cleaning - 06/09/2022**

On 6th September, NSS Unit Of Sathaye College in association with Vigyan Prasar, Department of Science and Technology, Ministry of Earth Science conducted a beach cleanup

drive after the Gauri Ganpati Visarjan Day. The volunteers assembled at Juhu Beach the drive. Volunteers were divided into 2 groups for cleaning.

### **Self Defence Training For Girls - 29/09/2022**

On 29<sup>th</sup> September, 2022, NSS unit with NCC and Matrushakti Durgavahini, 'Durga Shakti Jagran' organized a self defence workshop for girls on 3<sup>rd</sup> floor auditorium. Pratibha ma'am from the 'Durga Shakti Jagran' organisation gave a speech with an idea of how every girl need to be independent with realisation of her own powers.

### **Anti- Dowry Rally - 26/11/2022**

On 26<sup>th</sup> November, NSS Unit Of Sathaye College along with Dahanukar college, Patkar College, Vivek College and many more colleges participated in the Anti Dowry Rally organised by Anti Dowry Movement, Bombay A total of 15 College students gathered together near the Parle East West Flyover at 8 am. The rally began with full enthusiasm and all the volunteers giving announcements regarding Anti Dowry. The rally ended near Sathaye College Auditorium with everyone participating enthusiastically in it.



### **Blood Donation Drive - 26/11/2022**

On 26<sup>th</sup> November 2022 , the NSS Unit and NCC unit of Sathaye College (Autonomous) organised a blood donation activity in collaboration with 'The lions club of Juhu' and 'HDFC bank '. The activity started a 10am in the morning. All NSS and NCC volunteers above the age of 18 years donated their blood . The relatives of the volunteers , people from neighbouring colonies as well as college teaching and non teaching staff donated their blood . The team of doctors worked with all the precautions and some of the volunteers assisted them .



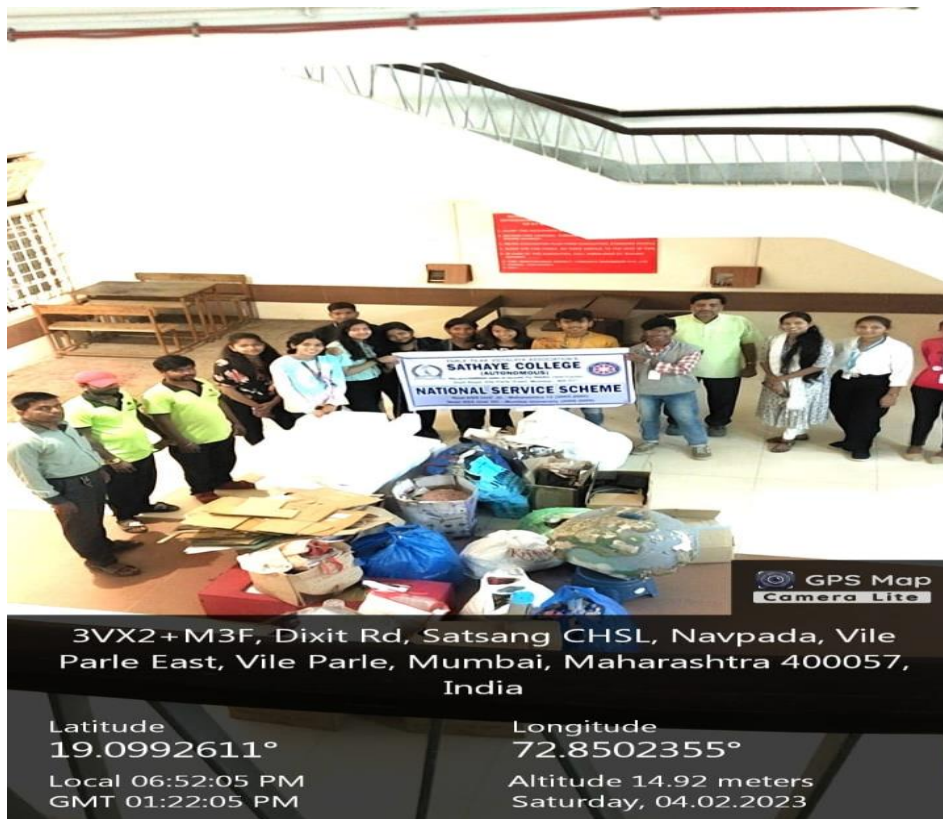
### 7 Days Residencial Camp - 1<sup>st</sup> – 7<sup>th</sup> December 2022

In 7 days residencial camp at Seva Vivek NGO primises Following activities coducted- field work, lectures on personality development as well as cultural program encouraged all the volunteers in self realization and personality development. Also we presented our streetplay in that village for awareness.



### Mega Waste Collection Drive - 18<sup>th</sup> January-20<sup>th</sup> January 2023

NSS unit, Zero waste programme committee & Green Audit Committee of Sathaye college(Autonomous) has organised a 'Mega Waste Collection Drive' on the occasion of celebration of Republic Day. Volunteers can deposit hard waste, soft waste, Newspapers, E-Waste, etc



### National Voter's Day (Lecture) - 25/01/2023

On 25th January 2023 NSS Unit Of Sathaye College organized a 'New voter id drive' on the occasion of Voters day . A lecture was conducted by Prof. Sudhodhan Athavle, head of English department, M.L Dahanukar college. He enlightened the volunteers with the importance of voting and the need for youths participation in the voting process. This lecture helped the volunteers to understand the need of voting and how can one use his or her vote to choose the right candidate

Through these activities we have attained some advantages of joining NSS for students.

- It helps in acquiring leadership qualities and democratic attitude.
- It provides diversified opportunities to students in colleges and universities to develop their personality through community service.
- Volunteer's interaction with the slum dwellers and villagers expose them to the realities of life and bring about a change in their social perception.
- It helps in developing positive attitude, self-confidence, courage & patience.
- It helps in developing his / her skill to perform certain jobs, quality of an organizer, an
- He/she gets opportunities to see the community closely and thus gets an experience of human nature in relation to his / her environment.
- Gets the opportunity to meet the people from different walks of life.
- He/she gets the opportunity to participate in various National / State level programme such as National Integration, Motivational Lamps, value oriented self-development camps, Adventure camps, workshops. Youth exhibition, cultural programmes etc.

- NSS volunteer completing 240 hours of regular community service in a period of two years is to be issued an NSS certificate by the college / +2 level Institution or the University/Directorate of education.

## **N.C.C. REPORT 2022-2023**

### **Tree Plantation**

On 1st of April 2022, tree plantation activity was conducted by the NCC unit of Sathaye College at Mandapeshwar Temple, Borivali (W). By planting trees cadets spread the message that more trees must be planted. Around 20 - 25 saplings were planted by the Cadets in the event area. The theme and aim of the tree plantation event was to make April Cool and contribute towards environment building by planting trees. The Event began at 8.00 am in the morning and ended at 2.00 pm in the afternoon. Cadets showed great enthusiasm and participation throughout the event.

### **Beach Cleaning**

Sathaye College NCC Unit conducted a Beach cleaning drive on 5<sup>th</sup> April 2022. Beach clean-up is thus an extremely important event to help mitigate the problems caused by ocean debris and larger impacts on marine life as a result of plastic pollution. This is also a great way to encourage locals to get involved, as many as they can contribute. Clean-up also provides ample opportunity to gather important data about the state of our coasts and the types of trash that pollutes them. Sathaye college NCC unit did a cleanliness drive at Juhu beach and for spreading the importance of hygiene.

### **Road safety Awareness**

Sathaye College NCC Unit conducted a Road safety Awareness on 09 April 2022. Road safety is something important that has to be followed at all times to ensure the safety of the operators of a vehicle, passengers, and pedestrians. In fact, road traffic injuries are the leading cause of death among people aged between 15 and 29 years.

Thus, The Cadets of Sathaye College NCC Unit Along with NSS Department Organized a 'Road Safety Awareness Programme' in the College Auditorium. Addressing the guest speakers, Shri Sunil Yadav, (Senior Police Inspector), Shri Lokhande and Shri Rajam (police inspector), along with some traffic police inspectors was cordially Invited to address the students about Road Safety. . After which they gave a speech and their views on this Awareness among local people. The students and Cadets carried the Question-Answer session. . In the end, the National Anthem was played and the event ended. Participation and Attention of Cadets and other students was seen throughout the event.



### Anti Plastic Awareness Rally

Date: 22<sup>nd</sup> April 2022

Cadets of Sathaye College NCC Unit, performed an awareness rally on the theme ‘Say No to Plastic’. The rally started from Juhu Beach to Vile Parle Station, then from Vile Parle Station, the cadets headed back to Sathaye College. On the way, they explained the importance of reducing the use of plastic nowadays as it can be harmful for us to the people. The rally was carried out using several posters made by the cadets to depict the theme. The contribution of cadets and their performance in the activity was remarkable and appreciative.



### Disaster management awareness programme

On 28th of April 2022, Cadets of Sathaye College NCC Unit along with NSS Department and Department of NCC Studies organized an Awareness Programme on Disaster Management. Guest Speaker Rajendra Lad Sir from Civil Defence Organisation was invited for this programme. Students and Cadets got a lot of information on how and what things to do at the time of disaster. They also learnt various things like knots, measures, helping forces for disaster etc. They also got to learn what helping volunteers do after the disaster, how those things are and why only certain people can do it. The overall awareness programme went very well and everyone had understood the importance and intensity of a disaster along with the course of action to save ourselves as well as others from it.



### **World Environment Day**

On 3rd June 2022, Cadets of Sathaye College NCC Unit along with Mumbai Police Association and Vatavaran Foundation took part in 'Environment Awareness Day Programme' held at Carter Road, Bandra. Many games and other activities such as 'green circle', 'save soil' etc were organized by other small NGOs. Musicians such as 'Ankur Tiwari' were also invited to the Event. He was able to spread awareness over a large crowd through his mesmerizing music. People with great enthusiasm and activeness participated in the activities. In the end, refreshment was served and the programme was called for a day.

### **ACP lecture on cyber crime and women safety**

On 13th August 2022, Sathaye college NCC and NSS unit carried out a cyber crime and women safety lecture. This lecture was carried out by police nirikshak Sachin Gawade, Mumbai police Hawaldar Ghadge, Mumbai police Hawaldar Maitri from andheri railway police station. They made us aware about precautions we need to take while using any social media platform. They are aware us ,How our accounts could be hacked and misused. They taught NCC Cadets and students how we should use social media with responsibility and care to prevent any crime. With this, they also taught students about women safety. How women should be independent and empowered was taught in this lecture.



### **Self Defense Workshop**

Date : 29th September 2022

Cadets of Sathaye College NCC Unit along with NSS and Vishva Hindu Parishad organised and attended a Self Defense Workshop. Cadets and other college students also attended this event. An important message of Self Defense was given to all. Self Defense is an important art and self saving technique everyone should know whether it be any gender. To save oneself and others in need is the duty of humanity. Certified girl instructors were instructed to teach and demonstrate various techniques to students present. The session was very helpful and necessary for the youth.

### **Anti Dowry Rally**

On 26th November 2022 , Cadets of Sathaye College NCC Unit and NSS volunteers of various colleges conducted an Anti Dowry Rally from Suncity Theatre to Sathaye College in Vile Parle. The aim of the rally was to spread awareness of Dowry being a social evil in the society, that has caused unimaginable tortures and crimes towards women. The Cadets gave slogans like 'Samvidhan ka Samman Karo, Dahej Lena Band Karo' and 'Chod Do Chod Do , Dahej Lena Chod Do'. The rally was carried out using several posters made by the Cadets to depict the theme. The contribution of Cadets and their performance in the activity was remarkable and appreciative.



## Blood Donation Camp

On 26th November 2022, 3 Maharashtra Battalion NCC & NSS Units of Sathaye College in association with Lions Club, Juhu and HDFC Bank organised 'Blood Donation Camp'. A team of 10 doctors and nurses of J.J Hospital came for the collection of blood. The motive behind the camp was to help voluntary blood banks and for patients who need blood at hospitals. More than 250 people turned up at the college gymkhana to donate blood. All the professors, NCC Cadets, NSS volunteers, students and the residents of the area enthusiastically participated in the program. A Certificate of appreciation, donation card, refreshment was given to each donor as a token of gratitude. HDFC bank also gifted a bottle to all the donors. A total of 150 blood bags were successfully collected. At 4 pm the blood donation camp was over with great success.



## Life

Date: 15<sup>th</sup> February 2023

A lecture was taken by Dr. Vilona Annunciation on Life skills. In this lecture Ms. Vilona talked about the Life skills. She told some major life skills which one can follow and make life simpler. One of them was Communication skills. Also she spoke about acceptance i.e it is ok if one doesn't know about some things but one has to accept and admit it to learn the new things.

## Skills

This helps to learn new things in an effective manner. Various activities are taken by her team to communicate with audience. In this lecture cadets got to learn many things which would benefit them in walks of life.



### Ploggathon 2023

Date: 23<sup>rd</sup> April 2023

The huge Ploggathon event was organised by SVKM J.V Parekh International school at Versova . Firstly the rally took place from versova beach to Telwan wadi sports complex spreading awareness about cleanliness and it's significance. The drive 'Picking up plastic waste while jogging ' was the main moto of the entire event . The event was chiefly headed by MLA Dr. Bharti Navekar and other PTA members. Several participants such as NCC cadets ,students , parents, different colleges, took initiative to spread message from rally as well while cleaning Beach. Falicitation of each participants was done also refreshments were provided. The event ended with National Anthem.

